

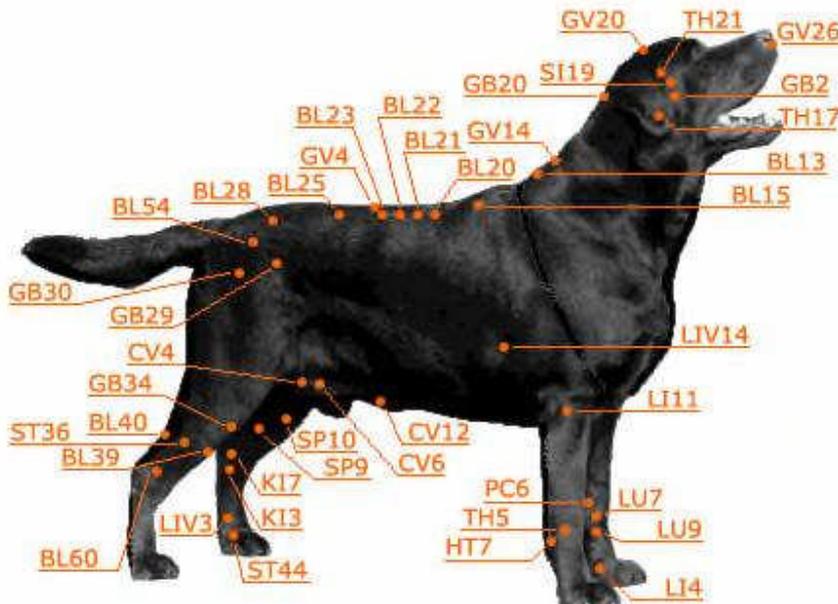
### Healing meridian points for dogs

“I have found both acupuncture and homeopathy to be excellent therapy --- You probably won’t be using acupuncture needles on your own pet but for home application *acupressure* can be very helpful.” (Dr. Randy Kidd, DVM, PhD. Herbal Dog Care, 2000)

“ Using your fingers – apply pressure while moving the skin around that point in a tiny clockwise direction for one minute.”(Holistic Guide for a Healthy Dog; Volhard, Brown)



Use daily until symptoms subside



<b>Ailments</b>	<b>Location</b>	<b>Name</b>	<b>Abreviation</b>
coughs, bronchitis - supports the lungs	In a depression at the front of the chest, in the breast muscle, slightly below shoulder joint level.	Central Storage	LU1
stiff neck, respiratory, wrist	On the inside front leg, just above the bony prominence on the inside wrist, in a small depression.	Broken Sequence	LU7
respiratory, wrist	On the inside front wrist at the crease formed when you flex the paw.	Great Abyss	LU9
pain in face, mouth, foreleg	Inside the the first toe, in the web between the dewclaw or where the dewclaw would be.	Adjoining Valleys	LI4
allergies, infections - clears "heat" from upper body	Lift the foot, flex the elbow, and you'll find a crease forms on the outside of the elbow. Feel for the depression at the end of the crease, just in front of the bony prominence.	Crooked Pool	LI11
uterine bleeding, shock - clears "heat"	On the inside of hind dewclaw, just above the nail.	Hidden White	SP1
gastrointestinal or uterine bleeding, diarrhea	In a depression on inside of hind footbones, just below the ankle.	Grandparent and Grandchild	SP4
urogenital disorders, knee pain, "damp" conditions	High on the inside thigh just below the knee joint, in a depression behind the tibia bone, in front of the major thigh muscle.	Yin Mound Spring	SP9
dermatitis, allergies, itch, female reproductive problems	On inside thigh muscle (in front of and above SP9) in the large muscle in front of femur bone.	Sea of Blood	SP10
eye problems	Immediately below the eyeball, where the lid meets the eye, directly below center of pupil (be careful not to poke the eye).	Receiving Tears	ST1
conjunctivitis, eye discomfort	Directly under the center of the eye (just below ST1).	Four White	ST2
digestion - boosts qi	On the outside hind leg, just below the knee, in a clear depression in the middle of the muscle toward the front of the leg.	Foot Three Mile	ST36
clears face, mouth, dental, and foot "heat"	The depression just up from the web between the innermost toe and the next toe, on the hind foot.	Inner Courtyard	ST44

neck, shoulder, and back pain, sprains and other trauma	On the front paw, in the depression on outside of paw bone, above where it joins outside toe.	Back Stream	SI3
ear pain, infections, deafness	In a depression in the very center of the front of the ear (between TH21 and GB2).	Palace of Hearing	SI19
heart problems - stabilizes emotions and brings calming	On the outside back of the the lower front leg. Bend the wrist and feel for the large, natural depression formed slightly above and behind the wrist crease	Spirit's Gate	HT7
nausia, vomiting, heart problems - brings calming	Find the sole pad behind the wrist on the front leg. Move up the leg to the depression between two tendons that run up the back of the leg.	Inner Gate	PC6
supports kidneys, nourishes bodily fluids	On the inside hind leg, just above the ankle in a large pocket.	Great Stream	KI3
back pain, weak legs - supports kidneys	In a depression just above innermost corner of the eye.	Repeated Current	KI7
eye tearing, dry eye, conjunctivitis	In a notch above innermost corner of the eye, at brow level (above BL1).	Eye's Bright	BL1
eye discomfort	In a notch above innermost corner of the eye, at brow level (above BL1).	Bamboo Leaf	BL2
pneumonia, bronchitis	On the back, between the shoulder blades. Gently stroke between the blades from front to back.	Lung's Hollow	BL13
supports the heart - brings calming and cooling	On either side of the spine, in the small indentations behind where top of the 5th rib meets the vertebra. Count ribs from the last (13th) and move forward.	Heart's Hollow	BL15
gastrointestinal problems - supports qi	Just behind where 2nd to last rib joins the vertebra (similar to BL15).	Spleen's Hollow	BL20
vomiting, stomach problems - clears "dampness"	On indentation (forward of BL22) on lower back, on either side of spine.	Stomach's Hollow	BL21
supports the kidneys - removes "dampness"	On indentation (forward of BL23) on lower back, on either side of spine.	Triple Heater's Hollow	BL22
back problems - supports the kidneys	Middle of your dog's side, locate the last rib, then go straight up to the spine. Find the point in the indentation beside 2nd lumbar vertebra.	Kidney's Hollow	BL23

back pain, constipation, intestinal disorders	In an indentation along the back next to the 5th lumbar vertebra (2 indentations back along the back muscles from BL23).	Large Intestine's Hollow	BL25
urinary dysfunction	Slightly to the side of the midline on the back, level with the sacrum (just behind the hipbone, where tail vertebra begin).	Bladder's Hollow	BL28
back and bladder problems	Find BL40. Then work your way around the outside of the leg, staying at the same level, in a small depression next to the biceps tendon.	Entrusting Yang	BL39
stiffness and pain in the back, hip, and knee - clears "heat"	On the back hind leg, in the very center, right behind the knee.	Entrusting Middle	BL40
hip pain, arthritis, dysplasia	In the depression at the top of the triangle (formed with GB29 and GB30) that surrounds the hip joint.	Reaching the Limit	BL54
hindlimb, lower back, ankle pain, difficult labor	In the depression just above the ankle joint, on the outside of the leg, between two bumps.	Kunlun Mountain	BL60
stiff neck, arthritis, ear problems	Run your hand down the outside front leg. You will feel an indentation between the bones that stops at TH5, about a sixth of the distance from wrist to elbow.	Outer Pass	TH5
ear problems	Just below the ear, in a well-defined depression.	Shielding Wind	TH17
ear pain, infection, deafness	In front of the ear (above SI19).	Ear Gate	TH21
dry eye, conjunctivitis, seizures	In a well-defined depression at outside corner of the eyebrow, directly above outside corner of the eye.	Silken Bamboo Hole	TH23
eye problems	In a well-defined depression a short distance from outside corner of the eye.	Pupil Seam	GB1
ear disorders, seizures	In a depression in front of the ear (below SI19 massage SI19 and TH21).	Reunion of Hearing	GB2
eye problems, seizures	Above center point of the eye, level of the brow, in a very small depression.	Yang White	GB14
eye redness, seizures - clears "heat" and "wind"	In the nape of the neck, at the base of the skull, immediately behind the back of the ears, find a shallow spot.	Wind Pond	GB20

hip pain, arthritis, dysplasia	The depression in front of the hip joint (forms a triangle with BL54 and GB30).	Between the Bones	GB29
hip pain, arthritis	In the depression behind the hip joint (forms a triangle with BL54 and GB29).	Encircling Leap	GB30
muscle and tendon problems	In a small depression on the outside hind leg, below the knee joint. Find a small bony prominence and let your finger slip down and slightly forward.	Yang Mound Spring	GB34
liver, eye and reproductive disorders, arthritis, irritability	On the inside hind paw, above the innermost toe (not dewclaw). Find a slight depression about a third of the way between the top inside toe and the bottom of the ankle joint. Use broad strokes on the side and front paw area.	Great Impact	LIV3
mastitis - supports the liver	On the side of the body, behind and slightly above the elbow between the 5th and 6th ribs. Count ribs from the last (13th) and move forward.	Gate of Hope	LIV14
abnormal uterine bleeding, urinary incontinence	On a point halfway between the umbilical scar and the front of the pubic bone on the abdominal midline.	Hinge at the Source	CV4
urogenital "damp" problems - supports the kidneys and qi	On the midline of the belly, a little behind the umbilicus.	Sea of Qi	CV6
vomiting, digestive tract problems	On the midline of the belly, halfway between the end of the sternum bone and the umbilicus.	Middle Stomach Cavity	CV12
supports kidneys and back, brings energy and vitality - warming point	On the midline of the back, between the 2nd and 3rd lumbar vertebra.	Life's Fire Gate	GV4
stiff neck - supports immune system	On midline of the back, neck vertebra meets the vertebra of the back. Lifting the head up and down, find the hinged place just in front of the "big" vertebra. Place your finger into the big hole there	Big Vertebra	GV14
calms the spirit, clears the mind	On top of the head, in a notch just forward of bony protuberance on the midline, between the ears. Use back and forth motion in the notch.	Hundred Meetings	GV20
emergency resuscitation from respiratory arrest, sunstroke, collapse	At the junction where the hairless part of the nose meets the upper lip.	Center of the Upper Lip	GV26